

## Important information about Middle East Respiratory Syndrome (MERS)

**A new disease called MERS has been identified in some countries in the Middle East.**



**The risk to most travellers is very low, but you should take these steps to help protect yourself and others:**

- regularly wash your hands
- avoid close contact with sick people and sick animals
- avoid contact with camels
- avoid consuming raw camel milk or camel products, or eating undercooked camel meat

*If you become unwell with a fever and cough, or shortness of breath within 14 days of being in the Middle East, call your doctor and tell them where you have travelled.*

## Important information about Middle East Respiratory Syndrome (MERS)

**A new disease called MERS has been identified in some countries in the Middle East.**



**The risk to most travellers is very low, but we advise returning travellers:**

- to be aware of the symptoms of MERS
- the symptoms include fever and cough, or shortness of breath
- if you become unwell with these symptoms within 14 days of being in the Middle East, call your doctor and tell them where you have travelled