



## GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

8<sup>th</sup> September 2023

### To All GPs and GP Practices

Welcome to our September 2023 newsletter. We hope that you have managed to get a break over the summer. The full committee will resume its monthly meetings on 18<sup>th</sup> September after the summer recess. A reminder that we are holding our GP and practice managers' meeting next Wednesday evening (13<sup>th</sup> September). This will be our first in person meeting for all constituent GPs and their practice managers since the pandemic, and we are looking forward to seeing many of you there.

### GPs and Practice Managers' Meeting

The LMC is hosting a meeting on Wednesday, 13<sup>th</sup> September at 7pm at the Carnegie Lecture Theatre, Glasgow Caledonian University. There will be a local update from the LMC and a national update from Dr Andrew Buist, the Chair of SGPC. The LMC's AGM will also take place at this meeting. The AGM section of the meeting will be only for GPs. Please advise attendance via [elaine.mclaren@glasgow-lmc.co.uk](mailto:elaine.mclaren@glasgow-lmc.co.uk).

### Activity Dashboard

The GP practice activity dashboard is currently being rolled out. This is a national piece of work, which will greatly improve the data available on activity in GP practices. There is work involved in setting it up but once this has been done, it runs in the background. To date, we understand that 119 practices in GGC have signed up to this, and we do hope that practices will consider participating in this programme, as it is a key part of demonstrating the volume of work that is undertaken in general practice.

### Property Funding

We would like to highlight to practices that the granting of a Sustainability Loan to a practice does not preclude it being awarded an Improvement Grant. Practices in need of premises upgrades can still apply for improvement grants in the usual manner. The funding for improvement work is insufficient to address the needs of the ageing GP estate and this is something that we've been making representations on, both locally and nationally.

### Sativex

We have been made aware of requests for practices to take on the prescribing of Sativex. This drug is listed as being restricted to specialist use on the formulary- [GGC Medicines: search-results](#). We are of the view that patient safety and prescriber familiarisation with the drug is paramount, and that the hospital should be looking to make any necessary arrangements for the prescribing and delivery of the medicine. This matter has been raised with the board.

### Meeting with MSPs

The Chair and Medical Directors recently met with four of the MSPs who represent the GGC area. Some of the issues discussed include list closures, area amendments, housing developments, PCIP, and secondary care waiting lists. A further meeting will be held on Monday for MSPs who had asked for an alternative date.

### Healthandcare.scot Article

Our Medical Director Dr Patricia Moultrie recently spoke to [healthandcare.scot](#) regarding the delivery of PCIP MoU services. Dr Moultrie commented:

*“The ongoing lack of national directions detailing the service the board is required to provide is having a detrimental impact on the development of service provision. The other significant barrier to full delivery of the services is insufficient funding commitment from the Scottish government.*

*“It’s fair to say that many practices currently struggling with excessive workload are looking to the health board to show a greater commitment to full delivery of these services and remain concerned that the health board does not fully recognise the sustainability crisis that is unfolding in general practice, and is not taking sufficient steps to support general practice which is so critical not only to patients accessing GP services but to the wider NHS.”*

### **DDRB / GMS Uplift**

The [DDRB report](#) was published in July 2023. The Scottish Government has accepted the recommendation of a 6% uplift for all doctors backdated to April 2023. The LMC is clear that there should be no repeat of last year’s GMS uplift settlement and that practice expenses and staff costs should be properly reflected in the uplift for 2023/24. We have raised this nationally through SGPC, who are in agreement with this position and are taking this forward in negotiations with the Scottish Government. We are aware that practices are very anxious to hear the outcome of these negotiations and the impact that a less than inflationary uplift will have on practices.

### **BMA Scotland GP Wellbeing Survey**

BMA Scotland recently released the results of its [GP wellbeing survey](#), which we know many of you will have contributed to. The results were deeply concerning. However, from our conversations with committee members and constituent GPs, the feedback was not entirely surprising to the LMC. The Chair of SGPC, Dr Andrew Buist, provided further comment in this [blog](#).

### **SGPC**

SGPC had its first meeting of session on 17<sup>th</sup> August 2023, where the committee discussed contract progress, the GP wellbeing survey results, the DDRB pay award, and the results of the BMA pay survey. The BMA’s workload guidance and potential avenues to improve it were discussed, as well as an update on GP IT Re-Provisioning. From Glasgow LMC, Dr Patricia Moultrie has been re-elected as joint Deputy Chair and Dr John Ip has been re-elected to the SGPC Executive.

### **UK LMC Conference**

We would like to congratulate our member Dr Alastair Taylor on being elected Deputy Chair of the UK LMC Conference for 2024.

### **Email Mailing List**

If any GPs would like to receive our communications direct to their own inbox, as well as their practice’s, please do [let the office know](#).

### **Wellbeing Resources**

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people’s mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- [www.promis.scot](http://www.promis.scot)

NHS GGC Occupational Health Service-  
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service-  
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource-  
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland  
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund  
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund  
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

**Dr Maureen Byrne**  
Chair

**Dr John Ip**  
Medical Director

**Dr Patricia Moultrie**  
Medical Director

**Marco Florence**  
Policy Officer

**Elaine McLaren**  
Administration Officer