



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

12th May 2023

To All GPs and GP Practices

Welcome to our May 2023 newsletter. We hope that you managed to get a break over the first two of this month's long weekends.

Last month, extremely disappointing correspondence was issued by the Scottish Government regarding pharmacotherapy and CTAC. SGPC issued a letter to GPs and practices responding to this, and [followed up with practice guidance](#). We are aware that GPs and practices may still be giving this due consideration. The GP Subcommittee and LMC had an initial discussion on this matter in April and the committee will be giving further thought to it at the committee meeting next week.

We are aware that practices are working under significant pressures at the moment and this may be causing some in extremis to be considering the future of their contracts. We would like to remind partners that the LMC is here for practical and pastoral advice. It is also helpful for us to know about such situations, so that we can get a fuller picture of where general practice in GGC is. This is also useful intelligence for sharing with colleagues at a national level. Be reassured that we would not need to identify any particular practice for this.

From the many contacts that we receive from practices, it is clear that there are significant concerns about continued workload shift from secondary to primary care. We make multiple representations to the board about this and remain fully engaged with the Primary - Secondary Care Interface on this issue.

Community Link Workers

We are aware that practices in Glasgow City with a community link worker were written to by the HSCP and the Scottish Government recently. We are concerned about this situation and have been in discussions with the HSCP on this. We have also written to the Cabinet Secretary for Health regarding this.

UK LMC Conference

Glasgow LMC is sending 8 representatives to the UK LMC Conference, which is taking place in London next Thursday and Friday. Some of the big topics to be debated include: the survival of general practice, proposals allowing for non-CCT doctors to work in general practice; patients seeking private or overseas treatment; and the role of the expert medical generalist

Stress Awareness Month

The BMA has brought together a number of resources as part of Stress Awareness Month. It is important that GPs look after their wellbeing. There is information on [how to recognise the warning signs of burnout](#), [information on how to get support](#) if you are suffering from stress and [a recorded webinar on work, stress and positivity](#).

Email Mailing List

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, please do [let the office know](#).

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-
[Occupational Health - NHSGGC](#)

[Covid-19 Staff Support Line](#)- 0141 303 8968

The Workforce Specialist Service-
<https://www.practitionerhealth.nhs.uk/accessing-the-service-in-scotland>

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Yours sincerely,

Dr Maureen Byrne
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

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