



## GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

6<sup>th</sup> February 2024

### To All GPs and GP Practices

Welcome to our February 2024 newsletter. Thank you to all GPs who sent in nominations for the GP Subcommittee/LMC election. We are pleased to welcome a number of new members and also to see GP Subcommittee/LMC members choosing to return to the committee. The new members will join us for the start of the new session at the April meeting.

### Practice Situation Survey

Since our December newsletter, we have been sending out a weekly, one question survey to practice managers asking them to report on the level of pressure experienced by their practice over the past week. We are aware that many practices are experiencing significant workload demand and practice pressures. We believe it is essential to be able to monitor the situation in general practice in GGC and to be able to use this information in discussions both locally and nationally.

The survey is anonymous and should take practice managers less than a minute to complete. Practices are also able to see the board wide responses received as this is detailed in the email which accompanies the survey question each week. We would like to thank practice managers for their ongoing assistance with this. We are very pleased with the strong response and intend to continue this survey for the foreseeable future.

### BMA Safe Workload Guidance for GPs

We would encourage GPs to consider [the BMA guidance](#) as a whole as it applies to their individual practice circumstances. There is useful information on appointment lengths and the role of the duty doctor in addition to [template letters](#) within the guidance which practices may find useful.

Practices are reminded that if they require to utilise the Safe Capacity Exceeded Alert voicemail outlined in the Safe Workload Guidance, that the GMS Contracts Team should be notified via [email](#). We are aware that a number of practices have used this alert.

### Employers' Superannuation Contribution

From 1<sup>st</sup> April 2024 the employer contribution rate to the NHS Pension scheme in Scotland will increase from 20.9% to 22.5%.

Practices have contacted us regarding the increase in employers' superannuation contributions from April. Funding for practices for this is a matter that SGPC has been raising with the Scottish Government and we await further information. We appreciate that this is a very pressing concern for practices.

### Sessional GP Development Day

We still have a couple of places available for our Sessional GP Development Day, which is taking place on Saturday 2<sup>nd</sup> March at the Golden Jubilee Conference Hotel. Sessions will be provided on child and adult protection, BLS training, IT and service update, wellbeing for sessional GPs, as well as a chance to network with colleagues and the secretariat over lunch. Booking is essential-please contact [elaine.mclaren@glasgow-lmc.co.uk](mailto:elaine.mclaren@glasgow-lmc.co.uk).

## **National Cervical Exclusions Audit**

A communication was issued in the GP Practice weekly mailing from the Scottish Government on 26<sup>th</sup> January regarding the national cervical exclusions audit. We are aware that a relatively small number of practices have yet to respond to this. We realise that practices are extremely busy but if there are any practices that feel that they have particular barriers with assisting with this, we would encourage partners/practice managers to contact the LMC office.

## **Email Mailing List**

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, we are very happy to arrange this. Please do [let the office know](#).

## **Wellbeing Resources**

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff. Please do consider whether any of these would be of value to your team.

**National Wellbeing Hub-** [www.promis.scot](http://www.promis.scot)

**NHS GGC Occupational Health Service-**  
[Occupational Health - NHSGGC](#)

**The Workforce Specialist Service-**  
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

**BMA Wellbeing Resource-**  
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

**Working Health Services Scotland**  
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

**The Cameron Fund**  
[The Cameron Fund | The GPs' Own Charity](#)

**Royal Medical Benevolent Fund**  
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

**Dr Maureen Byrne**  
Chair

**Dr John Ip**  
Medical Director

**Dr Patricia Moultrie**  
Medical Director

**Marco Florence**  
Policy Officer

**Elaine McLaren**  
Administration Officer