SUPPORT FOR YOUR BEREAVED PATIENTS AND CLIENTS

Cruse Bereavement Care Scotland exists to help and support anyone who is bereaved. CBCS is totally committed to, and concerned for, those who experience the very real pain of grief. Day in and day out CBCS volunteers hear stories of that pain and seek to help people to understand their loss and to find the resources to work through their grief. Reflecting the best research evidence of what benefits – and what does not benefit – those who have been bereaved, CBCS offers the following services.

IN THE EARLY DAYS

- Each person’s grief is unique, but in the early days clear information and reassurance are known to be the most important supports.
- CBCS offers support on the phone and follows that up by sending out appropriate information and leaflets based on the caller’s circumstances. We know that for many of the people who contact us this meets their needs.
- For those who are recently bereaved we run a drop in group on the last Thursday of every month from 6pm-7.30pm at our premises 72 Waterloo Street Glasgow G2 7DA
- For those who have been recently bereaved and are feeling in crisis, a one-off session with a volunteer may be arranged.

AS TIME GOES ON

While most people will begin to adjust to their bereavement with support from family and friends over the first few months, there are also those who become stuck in the grieving process. For these people, CBCS arranges an assessment of their grief at around 6 months following the death; and following that assessment, will offer support/counselling according to their needs. This assessment and allocation of support is evidence based.

Please encourage bereaved clients and patients to contact CBCS at any stage, but, bearing in mind our way of working as explained above.
Please ensure that your clients understand that “counselling” is only one of the services which we offer, but that support will be tailored to their individual needs.

Please ask your clients to call us on - 0845 600 2227