Dear Colleagues,

The use of QFIT testing to guide the need for and prioritisation of colorectal investigation has risen 30% compared with pre-pandemic levels. Much of this is welcome and reflects increasing confidence in the use of this very helpful diagnostic test which is key to determining timely and appropriate investigation.

However, it has been noted that QFIT is being increasingly employed as an investigation for symptoms out with guidance - especially in the investigation of asymptomatic weight loss. QFiT has not been evaluated for use in this cohort.

QFIT has been shown to be effective in the assessment of colorectal symptoms and to aid prioritisation of investigation of unexplained iron deficiency anaemia.

Using QFiT to investigate other symptoms such as unexplained asymptomatic weight loss can lead to delay in undertaking more appropriate investigations such as cross sectional imaging. A pilot for direct access to CT for these patients is planned pending radiology software updates to be completed. QFiT should also not be used as part of a general screen for fatigue

Many thanks for your ongoing support of the pathway which we have attached for your information.

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