## **Community Assessment Centres – Who should go there?**



## Those who have at least one of these symptoms

Those who are at risk of being infectious and need urgent face to face examination for some other reason

Cough New (<7days) Continuous

Fever Temp >37.8 Loss of/change in sense of smell or taste

**AND** 

New Breathlessness MMRC>1

OR

Clinical concern or Significantly unwell

BUT WHO DO NOT SEEM TO NEED REFERRAL DIRECT TO SATA

A new continuous cough is where patient:

- · has a new cough that's lasted for an hour
- has had 3 or more episodes of coughing in 24 hours
- is coughing more than usual

## **MMRC**

Grade of dyspnoea	Description
0	Not troubled by breathlessness except on strenuous exercise
1	Shortness of breath when hurrying on the level <i>or</i> walking up a slight hill
2	Walks slower than people of the same age on the level because of breathlessness $\it or$ has to stop for breath when walking at own pace on the level
3	Stops for breath after walking about 100 m <i>or</i> after a few minutes on the level
4	Too breathless to leave the house <i>or</i> breathless when dressing or undressing

Where possible the examination should be deferred till after the possible infective period

**Streaming Decision Tool for attending CACs** 

for "Face to Face" NON-COVID CONTACT if needed during Covid-19 risk

	Positive Test	Waiting for result	No Test	Negative Test <sup>5</sup>
Symptomatic <sup>1</sup>	CAC (during 10days + until symptoms gone)	CAC Until result known	CAC (During 10 days <sup>3</sup> + until symptoms gone)	CAC (During 10 days <sup>3</sup> ) <sup>4</sup>
Self-isolating <sup>2</sup>	CAC (during 10 days + until symptoms gone)	CAC Until result known	CAC (during 10 days)	CAC (during 10 days) <sup>4</sup>
Atypical symptoms but clinical suspicion	CAC (during 10 days + until symptoms gone)	CAC Until result known	CAC (during 10 days <sup>3</sup> )	Practice
Asymptomatic <sup>3</sup>	CAC (during 10 days)	Practice	Practice	Practice

<sup>1</sup>with Covid-19 case defintion symptoms (Recent onset - New continuous cough or Fever or loss of/ change in sense of smell or taste)

with NO Covid-19 case defintion symptoms (Recent onset - New continuous cough or Fever or loss of/ change in sense of smell or taste)

Negative test is valid on that day only as may be subsequently infected

Face to Face contact should rarely be needed for Non-Covid illness during isolation.

" symptoms have gone"

NOT counting just a cough or changes to sense of smell or taste – these symptoms can last for weeks after the infection has g Keep self-isolating if, after 10 days still have a high temperature or feeling hot and shivery

Referral should state the category of risk above and specify the examination requested. The referrer should follow up the patient once the report is received from the CAC.

Those with no other Covid symptoms but a)who have <u>breathlessness</u>, or b)cough present more than 14 days DO NOT need to be seen at the CAC

<sup>&</sup>lt;sup>2</sup>patient decision/medical advice/contact tracing advice

<sup>&</sup>lt;sup>3</sup>10 days means from the start of symptoms or the test date if no symptoms

<sup>&</sup>lt;sup>4</sup>as 30% false negative, higher risk of transmission