Chief Medical Officer Directorate

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Dear Colleague

Guidance for GP practices on Anticipatory Care Planning Conversations with People with Dementia living in the Community during COVID-19

- 1. This letter requests that GPs follow the attached guidance for patients living with dementia, their families and carers.
- 2. The attached is in addition to the current guidance on anticipatory care planning (ACP) and specifically applies to people with dementia living in the community during the Covid-19 pandemic. This will complement the Covid-19 specific guidance I issued on 10 April 2020.
- This guidance has been prepared in collaboration between the Scottish Government, Healthcare Improvement Scotland, Alzheimer Scotland and The Life Changes Trust.
- 4. I would ask that this additional guidance be implemented within your surgeries as soon as possible. This new guide does not replace what is already in use for ACP conversations, but it is intended to support and enhance current practice for people with dementia.

Yours sincerely

Gregor Smith

Gregor Smith Interim Chief Medical Officer



From the Interim Chief Medical Officer Dr Gregor Smith

11 September 2020

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For action: General Practitioners Chief Executives NHS Boards

For information:

NHS Board Primary Care Leads Practice Manager Network Practice Nurse Network