

Date: 31 July 2020

IMPORTANT: PERSONAL

Dear Patient,

Your CHI number: <<CHI>>

The Chief Medical Officer wrote to you because the NHS had identified you as someone who may be at the highest risk of severe illness from coronavirus (also known as COVID-19). Because we believed you were at the highest risk, we included you on the shielding list and asked you to shield at home until 31 July. I have been made aware that a review has identified that you are no longer considered as within one of the highest risk groups and therefore you no longer need to be on the shielding list. There are many reasons why a review is carried out, for example your clinical situation may have changed, or new knowledge has allowed clinicians to reassess risk.

It may have been appropriate for you to have been on the shielding list at the outset of the COVID-19 pandemic and your situation may have changed. If you have any concerns about your clinical care, please discuss them with your GP or clinical team.

Coronavirus (COVID-19) infection rates in Scotland are now very low. This means that your chances of catching coronavirus are low. Even though you are no longer considered at the highest risk of severe illness from coronavirus I would ask you to follow the physical distancing advice given to the rest of the public in Scotland.

Online help and support

You can find out more about the latest Scottish Government advice on coronavirus by going to gov.scot and mygov.scot.

You can find out the latest coronavirus health updates by going to nhsinform.scot.

If you've already signed up to shielding support

If you've already signed up to receive shielding support, this support will not stop straight away.

If you asked for your details to be passed to the supermarkets to access priority online delivery slots, you will retain your priority shopping status.

Pharmacy

If you have asked for support in having medication delivered to you, this will continue.

Public Health Scotland is updating essential systems to highlight that you are no longer on the shielding list; this may take some time to fully update across all systems. If you do receive contact from your GP or council in the meantime, please explain that you have received this letter and no longer need to be on the shielding list.

If you have any questions about the use of your data, please contact Public Health Scotland. Information on how to do so is available at publichealthscotland.scot/our-privacy-notice/

Yours sincerely,



Linda Pollock
Deputy Director Healthcare Quality and Improvement