

Date: 31 July 2020

IMPORTANT: PERSONAL

Dear Patient,

Your CHI number: <<CHI>>

I am writing to you because earlier this year you were included on the shielding list and advised to shield. This was because of your risk of severe illness from COVID-19.

We can now confirm that you no longer need to be on the shielding list. If you're the parent or guardian of the person named at the top of this letter, this advice applies to them.

Why you no longer need to shield

The latest evidence suggests that children and young people are at much lower risk of severe illness from COVID-19 than adults.

After your meeting with a GP or hospital clinician, they have confirmed that you no longer need to be on the shielding list as you're not at the highest risk of severe illness from COVID-19.

We recommend that you follow the physical distancing advice given to the rest of the public in Scotland.

Going back to nursery, school or college

As you are not at the highest risk of severe illness from COVID-19, our advice is to return to school or college after the end of the holidays. Young children can also return to nursery.

SMS Shielding Service

If you joined the SMS Shielding Service, you'll now be removed and should not receive any more texts.

Supermarket priority delivery slots

If you asked for your details to be passed to supermarkets to access priority online delivery slots, you will retain your priority shopping status.

Pharmacy

If you have asked for support in having medication delivered to you, this will continue.

Your data

If you have any questions about the use of your data, please contact Public Health Scotland. Information on how to do so is available at publichealthscotland.scot/our-privacy-notice/.

Online help and support

You can find out more about the latest Scottish Government advice on coronavirus by going to mygov.scot/shielding or NHS Inform.

If you have any concerns about your health, please discuss them with your GP or hospital clinician.

Yours sincerely,



Linda Pollock
Deputy Director Healthcare Quality and Improvement