

Scottish Diabetes Group Update 30th April 2020

Stopping SGLT2 Inhibitors in those with T1DM: The UK In-patient Diabetes COVID-19 Response Group which links in with ABCD and Diabetes UK are advising that all patient with type 1 diabetes who are on a SGLT2i should **STOP** taking this at this time due to the potential risk of DKA associated with both SGLT2i use and COVID-19 infection. **Action: Individual clinical teams are advised to contact relevant patients to discuss this further. Please note SCI-diabetes can be used to run a flexible query to identify relevant individuals.**

Inpatient Care: The UK In-patient Diabetes COVID-19 Response Group have also produced the following guidance:

- **Front Door Guidance on COVID-19 & Diabetes**
<https://abcd.care/resource/concise-advice-inpatient-diabetes-during-covid-19-front-door-guidance>
- **Managing In-patient Hyperglycaemia** which although develop in response to the COVID-19 crisis would be applicable for all patients
<https://abcd.care/resource/concise-advice-inpatient-diabetes-during-covid-19-guidance-managing-inpatient>
- **Managing DKA with s/c Insulin.** This has come about to minimise the risk of potential shortages of pumps for IV insulin.
<https://abcd.care/resource/concise-advice-inpatient-diabetes-during-covid-19-guidelines-managing-dka-using>

CMO Diabetes Specialist Guidance: This document provides diabetes services with guidance to help support service re-configuration during this crisis and is available on line at <https://www.sign.ac.uk/assets/diabetes-specialty-guidance-cmo.pdf>

Footcare: Across Scotland, podiatry teams are finding the level of referrals of diabetes patients by both patients and HCP's has very much reduced during the current pandemic. It is important to let patients know that while the setup of services may have changed podiatry departments across the country are 'open for business', especially for those patients with active foot disease or a deteriorating situation. Attached is a word document which can be 'edited' to suit individual HB needs/add HB logo etc which could be used to raise awareness of this.

New Helpline: The Scottish Government has set up a new national helpline (Tel: 0800 111 4000) to provide essential assistance to those who don't have a network of support but who are in the 'increased risk' group. The service offers help to those who do not have family or existing community support and cannot get online and who are over 70, disabled, require the support of mental health services, are pregnant or receive a flu jab for health reasons. Callers will be automatically connected to their local authority who will support them to access the service they need, such as essential food and medication; links to local social work services for vulnerable children or adults; emotional support; contact with local volunteer groups.

'NHS is Open': A national campaign launched this week to highlight that the NHS is still open for those that need it. This campaign will run for 3 weeks initially across TV, radio and digital platforms. Digital activity is targeted slightly differently for various groups (general public, patient cancer messaging) by directing to different sites.