



## GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

### COVID PRACTICE COMMUNICATION NO 9

29th May 2020

#### To All GPs and GP Practices

We hope that GPs and GP practice team members have kept well this week. Every practice was open on Monday and we thank you once again for all your work and dedication in keeping patient services running over another public holiday.

The First Minister announced on Thursday that Scotland can move into Phase 1 of the easing of lockdown. We have heard already that practices were seeing an increase in patient contacts and this change will undoubtedly have a further impact on practice workload. We are in discussions with the Board about the review of the Escalation Plan and are mindful that resumption of services needs to be balanced with the need for physical distancing and safe working.

#### Test and Protect (From NHS GGC Core Brief)

“Test and Protect” is the Scottish Government strategy to help us interrupt chains of transmission of COVID-19 in the community.

The first phase of this strategy is the increasing provision of COVID-19 Testing capacity that has been put in place over the last 10 weeks.

NHSGGC supported by Public Health Scotland, has been building the service to provide Contact Tracing across Greater Glasgow and Clyde. The first cohort of over a 100 staff have been recruited and trained, and this number will continue to grow over the next few weeks.

This service will begin contacting people who have received a positive result to their COVID-19 test.

Contact tracing involves identifying people who have had contact with a confirmed case so are themselves at risk of infection. These contacts can then be given advice to reduce spread to other people as much as possible.

A contact is someone who may have had exposure to the confirmed case in the period from 48 hours prior to symptom onset to seven days from symptom onset such as:

- living in the same household
- face to face contact for any length of time
- been within two metres for 15 minutes or more.

Symptomatic health and social care staff **MUST** stay at home for 7 days from the start of your symptoms and should not attend work even if they feel well enough to do so. They should inform their manager, and immediately seek a test via the staff testing service - [please see the website for details](#).

[Click here for further staff information on Test and Protect.](#)

## The New GP Contract

The Primary Care Programme Board reconvened on Thursday 28th May. This is the overarching Board group which oversees the implementation of the GP Contract and the new services in practices. We are committed to working with the Board and HSCPs to ensure that, where possible, any redeployed staff can safely return to providing services in practices. We are aware that with the ongoing need to have physical distancing in practices, there may be a reduction in practice capacity and numbers of patients that can be safely seen at any one time. We will be working with the PCIP leads to ensure that delivery of the MOU services is vital with any redesign.

Flu immunisations will be especially challenging this year and we have asked the Board and the VTP group to urgently start the planning to enable the programme to be safely and effectively delivered.

## Wellbeing

As Covid illness is set to persist for some time, we continue to struggle with the uncertainty of what the future will look like. It is important that we give high priority to looking after our own wellbeing and the steps we can take to protect ourselves. It is important to take rest and annual leave breaks even if holiday options are limited. The need to balance work and home life, and to engage in restorative activities, spending time with family away from work pressures is more important now than ever. Locally and nationally we continue to press for mental health support services to be available to GPs and practice staff.

A [new web page](#) has launched for everyone working in Health and Social Care in Scotland. The aim is making it easier for people (either for themselves or for them as managers) to find practical advice and tips to help them cope with information about what support is available across the country and by profession.

The web page is [www.promis.scot](http://www.promis.scot)

We found the pages on “**Your needs at work**” and “**Resources for Individuals**” most helpful. We would be interested to hear from you if you have any suggestions as to how your wellbeing needs might be met and what you think the LMC could follow up.

With warm regards and all best wishes to you all.

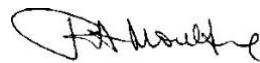
Yours sincerely,



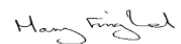
**Dr Alan McDevitt C.B.E.**  
Chair



**Dr John Ip**  
Medical Director



**Dr Patricia Moultrie**  
Medical Director



**Mary Fingland**  
Business. Coordinator

## LMC Weekly Document Highlight List

Please be aware that this is NOT a comprehensive list of all the available guidance that has been sent to GPs. These are the current key documents which we feel are important to GP practices. Please make sure that your practice's generic NHSmail box is monitored daily.

### **The GP Advice Deck (Updated 21st May 2020- NO CHANGES THIS WEEK)**

Guidance developed by the Covid-19 Primary Care Clinical Advisory Group

- [GP Advice Cover Note](#)
- [Advice 1. Triage Pathway](#)
- [Advice 2. Cleaning Advice](#)
- [Advice 3. Respiratory Appointment](#)
- [Advice 4. Home Visit](#)
- [Advice 5. Child Triage](#)
- [Advice 6. Clinical Distancing](#)

[NHSGGC Dental Services- link to access details of current dental services arrangements](#)

PPE Update from HPS 22 May 2020

- [HPS Guidance Single Use Visors 22.05.20](#)

Early Access to Medicines Scheme: Remdesivir for treatment of Covid-19

- [EAMS remdesivir for treatment of COVID-19](#)
- [CEM\\_CMO\\_2020\\_025](#)

NES Practice Manager Webinar Tuesday 2 June 3-4pm (updated booking link)

- [Updated Covid-19 Update for Practice Managers flyer](#)