



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

10th February 2023

To All GPs and GP Practices

Welcome to our February 2023 newsletter. We know that practices are continuing to face extremely demanding levels of work. The revised escalation framework was released at the end of last year. Practices which are facing particular challenges may wish to consider making use of the framework. This should help the practice to manage its particular circumstances, and also help ensure the board and HSCPs are aware of and have data on the challenges being faced in general practice.

Patient Registration

It has been agreed that reinstating the previous guidance provided by the Scottish Government in March 2020 to reduce the movement of patients within local areas would support practices to maintain open lists for new patients. This has been agreed for a period of 3 months until 30th April 2023, with a review date of 31st March 2023. Practices need to take a consistent approach with patient registration throughout the period. Further information, including the process as to how to notify the board that a practice is activating this measure, was sent to practices on 27th January 2023.

Media and MSP Engagement

Since our last newsletter, we have continued to engage with the media on the challenges facing general practice currently. An interview with Dr Patricia Moultrie was on the front page of The Herald on 30th January. This was followed by a short piece on STV News that evening. Dr Moultrie also appeared on BBC Scotland's *Debate Night* programme on 1st February.

The secretariat also recently met with Bob Doris, MSP for Maryhill and Springburn.

SFE

The updated [Statement of Financial Entitlements](#) was recently sent to practices. A [covering note](#) was issued to practices on 23rd January 2023, which we would draw your attention to.

SGPC

SGPC, the BMA's Scottish GP Committee, met on 19th January. We have eight members who attend SGPC. The committee discussed the direction of the contract, pensions and the ongoing role of GPs as data controllers. They also heard updates from the Equality Champion and Sessional GP representative, and received reports on quality and GP clusters, IM&T, and pharmacotherapy.

The Chair of SGPC, Dr Andrew Buist, recently published a [blog](#) on the staff pay element of the GMS uplift.

Royal Pharmaceutical Society Scotland and BMA Scottish GPC published a [joint statement](#) on the pharmacotherapy service detailing recommendations for improvements in three main areas:

1. Better use of skill mix, including more clearly defining roles and responsibilities
2. Improved IT enablers to reduce administrative burden

3. Further developing a tandem model of working comprising hubs and in-practice activity

Private Interface

GPs and practices will be aware of the communication from the Scottish Government that was circulated on 31st January. This communication may be helpful for practices but we appreciate that this will not address many of the circumstances that practices are dealing with. We are aware that many practices are taking enquiries regarding the follow up of bariatric surgery that has taken place in the private sector. If you would like to raise any matters with the office, please do [contact us](#).

Dermatology Pathway

A dermatology-lesion pathway was sent to practices on 20th January. Unfortunately, this had not gone through the usual processes and was not agreed by the GP Subcommittee. This matter has been raised with the health board.

Email Mailing List

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, please do [let the office know](#).

Coaching for Wellbeing

Coaching for Wellbeing was initially created to support colleagues facing challenges resulting from the pandemic. As the winter pressures continue to impact people across the system, NHS Education for Scotland is inviting colleagues to focus on their own wellbeing through free [coaching support](#).

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-

<https://www.nhsggc.org.uk/working-with-us/hr-connect/occupational-health/covid-19/>

[Covid-19 Staff Support Line](#)- 0141 303 8968

The Workforce Specialist Service-

<https://www.practitionerhealth.nhs.uk/accessing-the-service-in-scotland>

BMA Wellbeing Resource-

<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund

[The Cameron Fund | The GPs' Own Charity](#)

Yours sincerely,

Dr Maureen Byrne
Chair

Marco Florence
Policy Officer

Dr John Ip
Medical Director

Elaine McLaren
Administration Officer

Dr Patricia Moultrie
Medical Director