



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

11th August 2023

To All GPs and GP Practices

Welcome to our August 2023 newsletter.

Scottish Government's GP Workforce Survey-Important-Last Day to Contribute

The deadline for the Scottish Government's GP Workforce Survey has been extended to 11th August. If your practice has not already done so, we would urge you to please ensure that your survey return is completed and submitted ahead of this deadline.

The information that the survey provides is critical to understanding the state of the profession and SGPC's ability to make the case at a national level for the improved resourcing and support that general practice so urgently needs. Last year's survey revealed that while GP headcount may have increased, whole time numbers of GPs had fallen – key evidence of the trends that are making our working lives harder and which would not have come to light without practices' submissions to this survey.

For practices who completed the survey last year, the workload involved in taking part this year should have substantially reduced, with last year's data pre-populated and only any changes over the last year needing to be submitted.

GPs and Practice Managers' Meeting

The LMC is hosting a meeting on Wednesday, 13th September at 7pm at the Carnegie Lecture Theatre, Glasgow Caledonian University. There will be a local update from the LMC and a national update from Dr Andrew Buist, the Chair of SGPC. The LMC's AGM will also take place at this meeting. The AGM section of the meeting will be only for GPs. Please advise attendance via elaine.mclaren@glasgow-lmc.co.uk.

LMC Website

We have recently reviewed the information on our website to ensure that it is up to date and has the information GPs and practices need. We hope this is useful for our constituents.

SGPC

The first meeting of the new session for SGPC will be taking place next week, where national issues relating to general practice will be discussed. Nine members of Glasgow LMC will be attending SGPC-Drs Ronnie Burns, Maureen Byrne, Mark Fawcett, John Ip, Patricia Moultrie, Austin Nichol, Scott Queen, Michael Rennick and Alastair Taylor.

We expect the results of the BMA's GP Wellbeing Survey, which many of you will have contributed to will be published shortly. In addition to anticipated media coverage, the LMC will consider how the outcome of this survey can be utilised in support of GPs and practices at board level.

Email Mailing List

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, please do [let the office know](#).

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service-
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

Dr Maureen Byrne
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

Marco Florence
Policy Officer

Elaine McLaren
Administration Officer