



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

14th July 2023

To All GPs and GP Practices

Welcome to our July 2023 newsletter. The full committee is currently in recess but the executive is continuing to meet over the summer.

Scottish Government's GP Workforce Survey

An email was circulated by the LMC earlier this week on behalf of SGPC regarding the Scottish Government's GP Workforce Survey. This was issued to practices in early June and it will close on 28th July. If your practice has not already done so, we would urge you to please ensure that your survey return is completed and submitted ahead of this deadline.

The information that the survey provides is critical to understanding the state of the profession and SGPC's ability to make the case at a national level for the improved resourcing and support that general practice so urgently needs. Last year's survey revealed that while GP headcount may have increased, whole time numbers of GPs had fallen – key evidence of the trends that are making our working lives harder and which would not have come to light without practices' submissions to this survey.

For practices who completed the survey last year, the workload involved in taking part this year should have substantially reduced, with last year's data pre-populated and only any changes over the last year needing to be submitted.

Activity Dashboard

The GP practice activity dashboard is currently being rolled out. This is a national piece of work, which will greatly improve the data available on activity in GP practices. There is work involved in setting it up but once this has been done, it runs in the background. We do hope that practices will consider participating in this programme.

Temporary Residents

We would like to remind practices, especially with the current summer holiday season, that practices are able to prioritise their workloads. The prioritisation of the needs of temporary residents and permanent patients should be considered as a whole by practices.

2023 UCI Cycling World Championships, 3rd – 13th August 2023

A communication was issued to practices on 4th July regarding the Cycling World Championships, which will be held in and around Glasgow from 3rd to 13th August. Details of road closures, parking restrictions and any disruption to transport will be regularly updated at the [Get Ready Glasgow](#) website.

Requests from Private Clinics and Pharmacies

We have recently been contacted by practices about private services such as weight loss clinics who have provided medications to patients. They then write to practices advising the GP of this and asking the GP to confirm that this is safe for the patient and that there are no contraindications. The LMC does not consider this an appropriate use of NHS GP time.

Practices may find the following helpful if they receive such requests:

- A reminder that the practice is operating as a general medical practice providing patient services under a GMS Contract with NHS GGC.
- Employees and contractors of the private clinic / pharmacy have a duty to understand the drug they are prescribing, including any possible adverse effects, contraindications and the need for appropriate monitoring. They are responsible for the prescriptions they sign, even if the prescriptions have been produced by non-clinical staff.
- The practice is not in a position to offer a private prescription checking service for the Private sector.

Liraglutide

We would like to advise GPs that the GP Subcommittee has **not agreed** the information on Liraglutide which is on the [GGC Formulary](#) for its use in relation to weight management. We think the information amounts to a clinical pathway and this has not been brought to the GP Subcommittee for agreement. We are currently in discussions regarding this.

SGPC Update

The BMA Scottish GP Committee (SGPC) had its last meeting of its 2022-2023 session on 15th June 2023, where the committee discussed the direction of the contract, pensions, initial data from the May 2023- GP Wellbeing survey and the sustainability dashboard.

They also heard updates from the Equality Champion and Sessional GP representative on Sessional GP Week 2023, GPDF Ltd, and received reports on IM&T, the DDRB and pay survey process, the Scottish GPC Elections of office bearers, and a summary of the junior doctors' ballot in Scotland.

Email Mailing List

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, please do [let the office know](#).

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-
[Occupational Health - NHS GGC](#)

[Covid-19 Staff Support Line](#)- 0141 303 8968

The Workforce Specialist Service-
<https://www.practitionerhealth.nhs.uk/accessing-the-service-in-scotland>

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

The Cameron Fund

[The Cameron Fund | The GPs' Own Charity](#)

Yours sincerely,

Dr Maureen Byrne
Chair

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Medical Director

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