



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

12th January 2024

To All GPs and GP Practices

Welcome to our January 2024 newsletter. We hope that GPs and practice staff had a nice, restful break over the Christmas and new year period. As we enter 2024, we would like to underline that the LMC will continue to work both locally and nationally to pursue policies that will help and sustain vital GP services. As ever, if there are any issues that you wish to bring to our attention, please contact the office.

Practice Situation Survey

Since our December newsletter, we have been sending out a weekly, one question survey to practice managers asking them to gauge the level of pressure experienced by their practice over the past week. We are aware that many practices are experiencing significant workload demand and practice pressures. We are keen to monitor the situation in general practice in GGC and to allow us to feed back locally and nationally. The survey is anonymous and should take practice managers less than a minute to complete. The weekly email notes the data that is coming into the office. We would like to thank practice managers for their ongoing assistance with this.

GP Subcommittee/LMC Election

The paperwork for the GP Subcommittee/LMC election will be distributed by the board next week to GPs' email addresses, including the details of the vacancies in each area. In this election, we welcome GPs working as GP Partners and in Salaried roles within practices, and seek to provide a representative committee working in an inclusive and consensual manner. If you would like to know more about being on the committee, please contact the office. Please note that we do have seats for Sessional GP representatives and elections for these seats will be held in 2026.

GP Workforce Survey

The GP Workforce Survey [data](#) for Scotland was published in December. The data shows that since 2013 there has been a reduction of almost 200 whole time equivalent GPs in Scotland (5.35%). This has occurred over a decade when Scotland has seen a growth in population and changing demographics, and as a result the work coming to general practice has increased in complexity and quantity.

The LMC continues to call on the Scottish Government to urgently increase the whole-time equivalent GP workforce and ensure that general practice is sustainable and safe for patients, GPs and their staff.

SGPC's response to these statistics can be found [here](#).

Workforce Specialist Service

The Workforce Specialist Service (WSS) is a primary care led, multi-disciplinary team delivered, specialist mental health service able to provide treatment to regulated professionals. It is a confidential service with particular expertise in managing regulated professionals working in clinical roles and can be accessed by clicking this [link](#), emailing prac.health@nhs.net, or calling 0300 0303 300. You might be interested to read the [blog](#) from our Medical Director, Dr Patricia Moultrie, on the service.

Cameron Fund Donation

The LMC agreed to make a donation to The Cameron Fund at its December meeting. The Cameron Fund provides support to GPs and their families in times of financial need, whether through ill-health, disability, death or loss of employment. More information can be found [here](#).

Email Mailing List

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, please do [let the office know](#).

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service-
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

Dr Maureen Byrne
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

Marco Florence
Policy Officer

Elaine McLaren
Administration Officer