



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

11th July 2025

www.glasgowlmc.co.uk

To All GPs and GP Practices

Welcome to our July 2025 newsletter.

GPs and Practice Managers' Meeting/LMC AGM

Our annual GPs and Practice Managers' meeting, along with the LMC's AGM, will take place at 7pm on Wednesday, 17th September at the auditorium at Hampden Park, Glasgow. The Chair of SGPC, Dr Iain Morrison, will provide a national update. GPs and practice managers wishing to attend the meeting should confirm attendance by emailing elaine.mclaren@glasgowlmc.co.uk.

GMS Uplift

The [2025-26 GMS Uplift](#) was recently published. It is important for GPs to be aware that SGPC did not agree to this. SGPC is of the view that neither the DDRB report nor the Scottish Government's GMS uplift is acceptable. SGPC is continuing to work on its campaign for funding restoration.

Disclosure Scotland

A number of practices have contacted us regarding Disclosure Scotland's updates to the PVG scheme. We have escalated this to SGPC as this is a national issue, and also liaised with the health board, as we are aware of the concerns from practices about the potential impact this may have. We have followed up on the Scottish Government circular that we mentioned in our June newsletter, as this is still to be circulated, and we hope that this will be with practices soon.

SGPC Update

SGPC advised the Cabinet Secretary for Health on 26th June that it had entered into formal dispute with Scottish Government. More on this and SGPC's funding restoration campaign can be read [here](#).

We highlight the blogs from SGPC in our monthly newsletters. However, GPs can also keep up to date with SGPC's activities by keeping an eye on the BMA Scotland's blog site- <https://bmascotland.home.blog/> or on social media:

- <https://x.com/BMAScotland>
- <https://x.com/DrIMChairSGPC>
- <https://www.facebook.com/bmascotland>.

Especially given the challenges currently facing general practice at this time, GPs will wish their voice to be heard. GPs may wish to consider joining the BMA in order to ensure that their voice can be heard and that they can participate in any future ballots for collective action. BMA members will also wish to ensure that their personal and work details held by the BMA are up to date.

Melatonin (Children) SCA

Practices are reminded that in line with the [Melatonin \(Children\) Shared Care Agreement](#), initiation of melatonin treatment is the responsibility of the acute care / specialist service.

GP Email Mailing List/Social Media

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please go to the following links:

- Partner/Salaried GPs- <https://uk.surveymonkey.com/r/8R8HH3M>.
- Sessional GPs- <https://uk.surveymonkey.com/r/FJH6W67>.

You can also follow us on social media at <https://www.facebook.com/GlasgowLMC> and <https://x.com/GlasgowLMC>.

LMC's GP Practice Situation Survey

We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. The survey is proving to be a useful barometer of how practices are feeling in terms of pressures, and we are finding it a good tool for sharing with the health board the picture of general practice in GGC.

Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- <https://wellbeinghub.scot/>

NHS GGC Occupational Health Service-
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service-
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

Dr Mark Fawcett
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

Marco Florence
Policy Officer

Elaine McLaren
Administration Officer

Contact Glasgow LMC via <https://www.glasgowlmc.co.uk/contact-us/>.