GLASGOW LOCAL MEDICAL COMMITTEE LIMITED



To All GPs and GP Practices Welcome to our June 2025 newsletter.

welcome to our suite 2028 newsletter.

13th June 2025

GPs and Practice Managers' Meeting/LMC AGM

Our annual GPs and Practice Managers' meeting, along with the LMC's AGM, will take place at 7pm on Wednesday, 17th September at the auditorium at Hampden Park, Glasgow. The Chair of SGPC, Dr Iain Morrison, will provide a national update. GPs and practice managers wishing to attend the meeting should confirm attendance by emailing <u>elaine.mclaren@glasgowlmc.co.uk</u>.

Disclosure Scotland

A number of practices have contacted us regarding Disclosure Scotland's updates to the PVG scheme. We have escalated this to SGPC as this is a national issue, and also liaised with the health board, as we are aware of the concerns from practices about the potential impact this may have. A Scottish Government circular is due to be issued and we hope that this will be with practices soon.

GP OOH Communications

Practices will be aware of the recent update which is affecting communications from GP OOH. We are concerned that this issue is causing GPs to have to study unnecessarily long documents, and have highlighted this with the board. The board issued a communication on 6th June regarding the matter being raised by the Scottish Government as this is affecting services nationally.

GP Email Mailing List/Social Media

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please go to the following links:

- Partner/Salaried GPs⁻ <u>https://uk.surveymonkey.com/r/8R8HH3M</u>.
- Sessional GPs- <u>https://uk.surveymonkey.com/r/FJH6W67</u>.

You can also follow us on social media at <u>https://www.facebook.com/GlasgowLMC</u> and <u>https://x.com/GlasgowLMC</u>.

UK LMC Conference

Twelve Glasgow LMC members attended the UK LMC Conference on 8th and 9th May, which was held in Glasgow this year. LMCs from across the UK came together to debate UK wide policies and share experiences of working in general practice. The theme of this year's conference was GP Unemployment, which we know is a growing problem across all 4 nations exacerbated by chronic practice underfunding. Devastating examples of this were highlighted by <u>Dr Mark Steggles</u>, Chair of the BMA's Sessional GP Committee. Also at the conference, the

BMA launched its <u>Value of a GP</u> report. This is complemented by <u>RCGP Scotland's The Value</u> <u>of the General Practitioner</u> report.

SGPC Update

The Chair of SGPC, Dr Iain Morrison, set out its SGPC's reaction to the DDRB report in a <u>blog</u>. The Scottish Government's response to the DDRB is still awaited. We will ensure that the GMS Uplift announcement is communicated to practices as soon as this is published.

We highlight the blogs from SGPC in our monthly newsletters. However, GPs can also keep up to date with SGPC's activities by keeping an eye on the BMA Scotland's blog sitehttps://bmascotland.home.blog/ or on social media:

- <u>https://x.com/BMAScotland</u>
- <u>https://x.com/DrIMChairSGPC</u>
- <u>https://www.facebook.com/bmascotland</u>.

Especially given the challenges currently facing general practice at this time, GPs will wish their voice to be heard. GPs may wish to consider joining the BMA in order to ensure that their voice can be heard.

LMC's GP Practice Situation Survey

We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. The survey is proving to be a useful barometer of how practices are feeling in terms of pressures, and we are finding it a good tool for sharing with the health board the picture of general practice in GGC.

Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- https://wellbeinghub.scot/

NHS GGC Occupational Health Service-

Occupational Health - NHSGGC

The Workforce Specialist Service-

The Workforce Specialist Service (WSS) - National Wellbeing Hub

BMA Wellbeing Resource-

https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-supportservices/sources-of-support-for-your-wellbeing

Working Health Services Scotland

Working Health Services Scotland (WHSS) - Health and Well-being (nhsinform.scot)

The Cameron Fund

The Cameron Fund | The GPs' Own Charity

Royal Medical Benevolent Fund Royal Medical Benevolent Fund - Help for Doctors in Need (rmbf.org)

Yours sincerely,

Dr Mark Fawcett Chair

Marco Florence Policy Officer **Dr John Ip** Medical Director **Dr Patricia Moultrie** Medical Director

Elaine McLaren Administration Officer